

Long Runs - Haverford Cross Country

---Old Gulph (10)

<http://www.gmap-pedometer.com/?r=6670626>

---Dove Lake (10.3)

<http://www.gmap-pedometer.com/?r=6670633>

---Righters Mill:

-Right Right (12)

<http://www.gmap-pedometer.com/?r=6670640>

-Wrong Right (11)

<http://www.gmap-pedometer.com/?r=6670652>

-Right Wrong (10)

<http://www.gmap-pedometer.com/?r=6670663>

-Wrong Wrong (10.7)

<http://www.gmap-pedometer.com/?r=6670670>

Schuylkill Run:

-Nick Simonson Version (15.4)

<http://www.gmap-pedometer.com/?r=5219404>

-Jeff Mogavero Version (13.5)

<http://www.gmap-pedometer.com/?r=5219366>

-Ben Simonson Version (13.2)

<http://www.gmap-pedometer.com/?r=6670679>

--- Extended Wiltshire (13.6)

<http://www.gmap-pedometer.com/?r=5209863>

---Yorkshire (11.3)

<http://www.gmap-pedometer.com/?r=5223124>

---Springfield

<http://www.gmap-pedometer.com/?r=6670709>

---Skippy (11.7)

<http://www.gmap-pedometer.com/?r=6670718>

---Perimeter (12.4)

<http://www.gmap-pedometer.com/?r=6670722>